

FOR IMMEDIATE RELEASE

Suncor Energy to discuss 2010 capital spending, strategy and provide synergy update

Calgary, Alberta (November 10, 2009) – Suncor Energy Inc. will hold a conference call to discuss the 2010 capital spending plan, strategy and provide a synergy update on Friday, November 13, 2009 at 7:00 a.m. MT / 9:00 a.m. ET.

Representing management will be Rick George, president and chief executive officer, Steve Williams, chief operating officer, Bart Demosky, chief financial officer and John Rogers, vice president, investor relations. A question and answer period will follow brief remarks from management.

To participate in the teleconference:

- if calling from North America: 1-877-240-9772
- if calling from outside North America: +1-416-340-8530

To participate in the conference via webcast, go to www.suncor.com/webcasts.

An archive of the conference call will be available until Friday, November 27, 2009.

To access the archive:

- from North America: 1-800-408-3053 (pass code: 1064115)
- from outside North America: +1-416-695-5800 (pass code: 1064115)

Suncor Energy Inc. is Canada's premier integrated energy company. Suncor's operations include oil sands development and upgrading, conventional and offshore oil and gas production, petroleum refining, and product marketing under the Petro-Canada brand – a proud National Partner to the Vancouver 2010 Olympic and Paralympic Winter Games. While working to responsibly develop petroleum resources, Suncor is also developing a growing renewable energy portfolio. Suncor's common shares (symbol: SU) are listed on the Toronto and New York stock exchanges.

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For more information about Suncor Energy Inc. please visit our web site at www.suncor.com .

For more information:

Investor inquiries: Helen Chan 403 693-2048
Media inquiries: Dany Laferriere 403-269-8760